

# DFI - Don't Fake It !!

## MILDURA FUNCTION CENTRE

NUMBER 1 OVAL, ENTRY ON TWELFTH STREET, NEAR ETIWANDA AVENUE

## WEDNESDAY 22 SEPTEMBER



**Girls Zone is an opportunity for all young women aged 13 - 18 to try a range of different FREE activity based programs outside of school hours.**



Mildura Rural City Council



The DFI - Don't Fake It !! program features:

- Belly Dancing - Learn how to move your beautiful belly in ways you never thought possible ! (showing off optional)
- Cooking session- learning to cook simple meals and preparing the day's lunch together.
- Looking after yourself - How an attitude of gratitude can give your life altitude !
- Postcard workshop - Design and create a postcard to spread the message of every body is beautiful.

Come along, have some fun and give it a go!  
You are welcome to bring a Parent / Guardian / Adult female with you to join in.

10am - 3pm, Wednesday 22 September 2010  
Mildura Function Centre, Twelfth Street, Mildura

Bookings essential by Friday 17 September on 5018 8289

## BREAK OUT OF THE SCHOOL HOLIDAY BOREDOM