

Work Plan for the Primary Care Partnership Mental Health working party held at Ramsay Court

Mission statement: To increase the awareness of mental health issues within the Northern Mallee community

Red= Completed Tasks

Remaining Budget: \$0

1. Objective 1: The promotion of Mental Health and Well being strategies to schools in the Loddon Mallee

Item	Strategy	Intervention	Action/s Required (including expenditure)	Person/s Responsible	When	Completed/ outcome
1.1	To implement Mental Health Programs into education facilities	1.1: Provided a 4 week Personal Safety Program to Primary School students at Ouyen		WHLM Gwen		Completed

Item	Strategy	Intervention	Action/s Required (including expenditure)	Person/s Responsible	When	Completed/ outcome
		P12				
		1.2 MTHCS Youth Services Support Worker to undertake training in Mind Matters training	Casey Kay and Tania Down are currently looking at completing training	Gwen Cooke	Day session ran last week for Yr 9 & 10 students in Ouyen	Training completed
		1.3 Work collaboratively with WHLM Ouyen to deliver Sea Change based program to secondary School communities	Approval given to access schools and will be going ahead. Further info at next meeting	Gwen Cooke	Werrimull completed.	Completed 60 students
		1.4 Increase Suicide awareness at Sunraysia Tafe-	To deliver Square training. No funding required	PMHS & PDRSS	March 2010	Completed
		1.5 Assessment of current Well being	To conduct an Ax of what different	CAMHS		Completed.

Item	Strategy	Intervention	Action/s Required (including expenditure)	Person/s Responsible	When	Completed/ outcome
		programs in secondary schools	programs are being run in the schools. No responses received from private or out reach schools.			
		1.6 Beyond Blue programs being implemented at Irymple and Merbein Secondary Schools	Check with School Nurses	Jo Paxton	Ongoing	Completed 160 people turned out
		Women's Health	Ouyen	Gwen		Completed

2. Objective 2: The promotion of Mental Health and Well being strategies to Parents in the Loddon Mallee

3.

Item	Strategy	Intervention	Action/s Required (including expenditure)	Person/s Responsible	When	Completed/ outcome
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Item	Strategy	Intervention	Action/s Required (including expenditure)	Person/s Responsible	When	Completed/ outcome
2.1	Promote the Positive Parenting Program	2.1.1 Assist organizations to integrate positive parenting strategies into health promotion activities targeting children and youth	3 staff to attend PPP next month with a view to running 2 groups at TLC in the last 2 school terms of the year	Rhonda Galliene, Taryn, Charmaine attended training. Rhonda to give update		Training completed

4. Objective 3: To increase the well-being of the local community

Item	Strategy	Intervention	Action/s Required (including expenditure)	Person/s Responsible	When	Completed/ outcome
3.1	To provide the local community with opportunities to participate in activities to enhance well-being	3.1.1 Mental Health week Oct 11th -16th Intervention- Harmony House fortnightly	To incorporate activities into this group.	Rob McGlashan	April ASAP	Completed

Item	Strategy	Intervention	Action/s Required (including expenditure)	Person/s Responsible	When	Completed/ outcome
		3.1.2 Mental Health Week Golf Day	Golf day to have a separate working party due to its size. Anyone interested in participating in this work group please let Chris Hermans know to send out last year's activities to everybody.	Chris Hermans	ASAP	Completed
		3.2.2 Youth Forum at the Workers			21/7/10- kids Professionals: 22/7/10	Completed Awaiting feedback/ Evaluation
3.3	Provide mental health education directed at parents, carers and community members	3.3.1 Youth services Engaging Boys (parents & professionals)	Article in paper this week. No cost to participants.	Barb & Jill	June 7th & 8th 2010	Completed
3.4		3.4.1 Boy Zone	To combine with Girl Zone	Jill	July- Redcliff's	
		3.4.2	Activity run in	Jill		Completed

Item	Strategy	Intervention	Action/s Required (including expenditure)	Person/s Responsible	When	Completed/ outcome
		Girl Zone	<p>Werrimull with good success. This one given permission to run in school. Good feedback.</p> <p>Looking at running activities through out the Loddon Mallee throughout the school holidays.</p> <p>Survey currently being completed in schools and may require some personnel to assist to run the activities</p>			
3.5		3.5.1 Dual Diagnosis Forum feedback: more info on Mental illnesses in	Discuss further for Mental Health Week	All		Completed

Item	Strategy	Intervention	Action/s Required (including expenditure)	Person/s Responsible	When	Completed/ outcome
		adolescents				

4. Objective 4: The promotion of Mental Health and Well being strategies to Services Providers in the Loddon Mallee

Item	Strategy	Intervention	Action/s Required (including expenditure)	Person/s Responsible	When	Completed/ outcome
4.1	To provide clinical and educational support to the Perinatal Mental Health in Sunraysia	4.1.1	Ladies Day report will also come back			Completed promotion was positive
4.2	To assist Primary providers in Strategic direction around Mental Health issues.	4.2.1 For the PCP to be represented at the Mental Health Operations Group.	For feed back to be provided to and from the MHOG	Rob McGlashan Chris Hermans	Ongoing	Completed
		4.2.2 SQUARE	<ul style="list-style-type: none"> To deliver a minimum of 4 programs to communities Feed back to PCP. 	PCP, PMHS, MFC, MDGP, MRCC Chris to follow up		3 courses held so far in 2010. One more booked for SMGT &

Item	Strategy	Intervention	Action/s Required (including expenditure)	Person/s Responsible	When	Completed/ outcome
						youth connections Completed
		4.2.3 ASIST	<ul style="list-style-type: none"> To train one more trainer to improve capacity 	PCP	April	J.Gleeson completed training
4.3	To assist primary care services and GP's to work collaboratively by the development of effective partnerships.	4.3.1 MH Professional network meetings	<ul style="list-style-type: none"> Provide training to network. Next session confirmed. 	Karen Bulman	3/6/10 at Mildura Private Hospital	<ul style="list-style-type: none"> X2 education sessions already run Completed

5.Meeting Closed:

6.Next Meeting: